

Biography for Yolanda Cohen Stith

Yolanda Cohen Stith is a Pastoral Counselor and is the Co-Founder and Executive Director of New Heart Living, a Christ-Centered Counseling and Teaching ministry in the Washington, D.C. Metro area. She is affiliated with the Network 220, which is an organization of pastors, teachers, counselors (both lay and professional) and authors who help Christians understand how to live life through Christ. She was credentialed through Network 220 and received her training through Grace Ministries, Inc. in the mid-90's where she served as the Director of Training and a staff counselor. Yolanda is an avid speaker at women's retreats and church functions in the US and Canada.

Yolanda is a native California girl, who left and married her late husband who was active duty Air Force. She was married to Ken for 35 years and they have 2 grown children married with their own kids. They lived all over the US and abroad and they settled in a suburb of Washington, D.C. in 1990. Her husband retired from the Air Force and they stayed in the area in 1995 to present; He passed away four years ago.

While Yolanda is a prolific writer, Valley Life is her first book. She likes to write about spiritual truths in the context of her own life. Yolanda is an open book and shares her struggles, triumphs and relationship with Christ at speaking engagements, counseling, teaching and writing. Her writing is featured on the New Heart Living website: www.newheartliving.com and on <https://www.facebook.com/newheartliving/> and www.valleylife@yolandacohenstith.com.

