

## Short Biography for Yolanda Cohen Stith

Yolanda Cohen Stith is a Pastoral Counselor and is the Co-Founder and Executive Director of New Heart Living, a Christ-Centered Counseling and Teaching ministry in the Washington, D.C. Metro area. She is a frequent speaker at women's retreats and church functions in the US and Canada.

Yolanda is a native California girl who left and married her late husband who was active duty Air Force. She has been living in a Washington, D.C. suburb of Potomac, Maryland for 30 years.

While Yolanda is a prolific writer, Valley Life is her first book. Her writing is featured on the New Heart Living website: [www.newheartliving.com](http://www.newheartliving.com) and on <https://www.facebook.com/newheartliving/> and [www.valleylife@yolandacohenstith.com](http://www.valleylife@yolandacohenstith.com).